

2023 FOOTBALL

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 SUNY Brockport Team Camp 5:30-8:00pm	6 SUNY Brockport Team Camp 5:30-8:00pm	7 SUNY Brockport Team Camp 5:30-8:00pm	8 SUNY Brockport Team Camp 5:30-8:00pm	9	10 Cleats & Beats Golf Tournament
11	12	13 Last Day of Classes	14	15	16	17
18	19	20	21	22 Graduation	23	24
25	26 WORKOUTS 10am-12pm	27 WORKOUTS 10am-12pm	Train w/Bryce 2-3, 3-4 or 4-5	29 WORKOUTS 10am-12pm	30	

2023 FOOTBALL

July						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 OFF	4 OFF	5 OFF	6 WORKOUTS 10am-12pm	7	8 Football Jamboree K-12 Boys& Girls 10am-12pm
9	10 WORKOUTS 10am-12pm	11 WORKOUTS 10am-12pm	12 Train w/Bryce 2-3, 3-4 or 4-5	13 WORKOUTS 10am-12pm	14	15 Football Jamboree K-12 Boys& Girls 10am-12pm
16	17 WORKOUTS 10am-12pm	18 WORKOUTS 10am-12pm	19 Train w/Bryce 2-3, 3-4 or 4-5	20 WORKOUTS 10am-12pm	21	22 Football Jamboree K-12 Boys& Girls 10am-12pm
23 30	24 WORKOUTS 10am-12pm	25 WORKOUTS 10am-12pm	Train w/Bryce 2-3, 3-4 or 4-5	27 WORKOUTS 10am-12pm	28	29

2023 FOOTBALL

August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 WORKOUTS 10am-12pm	Train w/Bryce 2-3, 3-4 or 4-5	3 WORKOUTS 10am-12pm	4	5
6	7 Team Camp @ GC 5:30-8:00pm	8 Team Camp @ GC 5:30-8:00pm	9 Team Camp @ GC 5:30-8:00pm	10 OFF	11 Train w/Bryce 3-5pm	12
13	14 OFF	15 OFF	16 OFF	17 OFF	OFF OFF	19 Practice 9am-12pm
20	21 Practice 8am-12pm	22 Practice 8am-12pm	23 Practice 8am-12pm	24 Practice 8am-12pm	25 Practice 8am-12pm	26 Practice 9am-12pm
27	28 Practice 3-5:30pm	29 Practice 3-5:30pm	30 Practice 3-5:30pm	31 Pre Game 3-5pm	9/1 @ Greece Arcadia 7pm	