



Brasser Bugle

Lead Learner Updates - February 2024

Hello Brasser Families!



As we enter the second half of the school year, we would like to stress the **importance of timely arrival to school and consistent school attendance**. Did you know that consistent school attendance is a predictor of academic achievement and overall health and well-being? When your child is ill, the best place for them to rest and recover is at home. However, when your child is healthy, please strive to ensure that they arrive on time and are attending regularly. This will help to minimize confusion for your child regarding missed lessons and school experiences.

Students in grades 1-5 recently completed winter iReady Diagnostic. *i-Ready* is an online program that will help us determine your student's strengths and areas for growth, personalize their learning, and monitor their progress throughout the school year. Your student will be bringing home a report to show their progress from the fall. As mentioned before, the Diagnostic is an important tool we use to understand your student better and where we can offer the best support. If you have any questions, please reach out to your student's teacher. Thank you again for your continued partnership and support in your student's learning.

Thanks also for your generous support of our Soup-er Bowl service project. Donations make a significant difference in the lives of local families served by our very own Gates Chili Food Pantry as well as several other local agencies.

FBFA Family Swim Night is just around the corner, happening March 1st from 6pm-8pm at Gates Chili High School pool. Don't miss out on this free family fun!

Sincerely,
Mr. Young and Mrs. Uginé



Kindness stickers for a local coffee shop



Bookmarks with special messages on them for the local library

Sonic



Students created bandanas to help our furry friends at Lollipop Farm find their forever homes.



Kindergarteners made placemats for our friends at the Senior Center.



Brasser Way assembly featuring a stacking challenge - our tower might have fallen, but our teammates showed compassion to one another!



Brasser Staff wearing pink to show support for the fight against breast cancer.

Looking Ahead.....Key Dates

January 29 - February 9th - "Soup-er Bowl" non-perishable food & toiletry donations

February 7th-9th - Student Council Bear Hug Sale

February 12 - FBFA Meeting

February 14 - College Wear Wednesday

February 16 - Brassier Pride Day

February 19-23 - NO SCHOOL, Mid-Winter Recess

March 1 - FBFA Family Swim Night 6pm-8pm, Gates Chili Hgih School Pool



The Counseling Corner

Gates Chili Elementary School Counseling Department
February 2024

Classroom Lessons

This month's classroom counseling sessions are all about the power of mindfulness! Mindfulness isn't just a fancy buzzword- it can help kids problem solve, feel calmer and more focused, and even help wave buh-bye to stress. We'll delve into the science behind mindfulness and try out some mindful exercises that'll make us feel like zen masters!

Vocabulary

Green Zone: Feeling Calm, Happy & Ready to Learn

Feelings Brain: Amygdala

Thinking Brain: Prefrontal Cortex

Flip Your Lid: Not using your Prefrontal Cortex to problem solve; reacting only with emotion

Mindful: Awareness of your thoughts, feelings, & surroundings

Resources

- Mindful.org
- Mindfulschools.org
- Cosmickids.com
- YouTube.com
 - (Search for "Mindfulness for Kids")



GROUNDING TECHNIQUES FOR THE SENSES

5 THINGS YOU CAN SEE 

4 THINGS YOU CAN TOUCH 

3 THINGS YOU CAN HEAR 

2 THINGS YOU CAN SMELL 

1 THINGS YOU CAN TASTE 

Elementary School Counselors

Armstrong: Krissy Angie

kmangie@gateschili.org

Brasser: Kelly Lagnese

klagnese@gateschili.org

Disney: Katherine Picha

kjpicha@gateschili.org

Paul Road: Cameron Scharf

cpscharf@gateschili.org

Tri-M Presents:

MUSIC GAME SHOW

Join us as our Tri-M members compete during a fun-filled night of music games, trivia, and laughter! We will also have an appearance from a Special Guest!



Join us: February 7th, 7pm Gates Chili High School Performing Arts Center

Tickets: \$2 for students, \$3 for adults

All proceeds go to ROC Music! A local organization that provides music education and equipment to underserved youth in the city of Rochester

FBFA BRASSER FAMILY

SWIM NIGHT

Friday, March 1st

Gates Chili High School Pool

FREE FAMILY FUN!

6-8pm	1 Spartan Way, Door #5 Rochester, NY 14624
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Parents and Guardians are encouraged to be in the water with their family.

Questions? BrasserFBFA@gmail.com



Notes from the Health Office



During certain times of the year, the health offices typically see increases in the number of illnesses. This occurs in the fall, when students are back in classrooms, after breaks from school, and at other times during the year when illnesses are more prevalent. Parents and staff should remind students about proper handwashing and other illness prevention strategies, and parents are encouraged to monitor their children for signs or symptoms of illness. As a reminder, any student with a fever of 100.4 degrees or

higher must be kept home from school until fever-free for at least 24 hours without the use of fever reducing medication.

Parents are not notified about any contagious illnesses or conditions in their child's classroom unless there is an extreme circumstance that might require notification. The decision to notify parents is at the discretion of the school nurse and the district medical director.

Florence Brasser Family Handbook

Elementary Pattern Day Calendar

Spirit Day Calendar 2023-24

Florence Brasser Elementary Online Store

😊 Interested in some Brasser gear for you or a family member? 😊 Great news - there are several ways to show your Brasser Pride.

1. The button above will take you to the Florence Brasser Elementary Online Store. All items ordered through this site will ship directly to your home.
2. The FBFA sells a variety of cool gear each Fall and Spring. Reach out to our wonderful family organization at brasserfbfa@gmail.com with questions or for more information.



Florence Brasser Elementary School

<https://www.gateschili.org/fbs>



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