

CC GATES CHILI

CENTRAL SCHOOL DISTRICT

Continuing Education Spring 2025

Continuing Education Spring 2025 Programs



Fun Food for Kids — see page 2

GATES CHILI
COMMUNITY CONCERT BAND
PRESETS

Eclectic Landscapes

Thursday,
April 24

7 P.M.

Gates Chili
Performing Arts Center

FREE AND OPEN
TO THE PUBLIC

SUMMER PROGRAMS AND SWIMMING LESSONS

REGISTRATION OPENS
June 1

Weekly private or group
swim lessons for all ages
and abilities



Register at gateschili.org/ContinuingEd or by calling 585-247-5345

Arts and Crafts

Acrylic Pouring Workshop

A fun workshop in acrylic pour painting. We will use two new techniques to paint two small canvases. No experience necessary. Bring an apron and something to transport your wet paintings (box, disposable baking sheet, etc.). All other materials included. Class size is limited.

Wednesday, April 30 6-8 p.m.
GCHS, Room 100 Micciche
\$45

Dip Nails for Beginners

Learn the basics of applying and removing dip nails to get salon results at home. This class is demonstration only. A supply list, detailed instructions and links to vendor websites will be provided. Students are welcome to attend but must be accompanied by an adult.

Thursday, May 15 6:30-8 p.m.
GCHS, Room 201 Rayo
\$9

Pressed Flower Relaxation Through Creativity



Use flower power to escape from daily stress. We will provide you with pre-pressed flowers and supplies, step-by-step instructions and a relaxing atmosphere to create personalized bookmarks, refrigerator magnets, sun catchers, or a canvas that you can frame. No experience necessary. Bring a pair of tweezers. All other materials included.

Wednesday, May 7 6-8 p.m.
GCHS, Room 100 Knapp
\$39



Driving

AAA Driver Improvement Program

Refresh your driving skills and knowledge with this NYS DMV-approved course open to all drivers with a valid NYS driver's license. Topics include a review of traffic laws and responsibilities of the driver and defensive driving techniques. Completion of the course can lower portions of your insurance premium by up to 10%, as well as take up to four points off your driving record. No tests are required. To receive the AAA member discount, you must register by calling our office and providing your up-to-date membership number.

Tuesday, April 22 and Thursday, April 24
Monday, June 9 and Wednesday June 11
6-9 p.m.
GCHS, Room 204 \$47 — AAA members ♦
Simonetti \$54 — Non-members ♦

AARP Smart Driver Course

Learn techniques to keep you safe on the road, including how to reduce distractions and adjust your driving to compensate for age-related physical changes. We will also discuss the effects of medication on driving and proper use of new technology in cars. The course fee is paid by check or money order made out AARP on the first night of class. Please also bring your driver's license, AARP card and a pen.



Monday, May 12 and Wednesday, May 14
Tuesday, June 3 and Thursday, June 5
6-9 p.m.
GCHS, Room 204 \$25 — AARP members ♦
Newton \$30 — Non-members ♦

Five-Hour Pre-Licensing Course (Online)

This informative and engaging online course provides the knowledge you will need as a new driver. Students are required to interact with the instructor and answer direct questions. You must email a photo of your valid NYS learner's permit (include back view if your address has changed since permit was issued) to streetskillsmoto@gmail.com. You will receive a code and password to access the Zoom video conference by 2 p.m. on the day of your scheduled course. Upon successful completion of the course, the

certificate needed to schedule your road test will be mailed to you. The certificate must be signed upon receipt and is valid for one year from the date it is issued. Please be sure we have your correct mailing address, email and phone number before the start of the class.

Wednesday, April 9 3:30-8:30 p.m.
Wednesday, May 7 3:30-8:30 p.m.
Wednesday, June 4 3:30-8:30 p.m.
Saturday, June 21 9 a.m. to 2 p.m.
Online \$49

Culinary

Adult and Me Cooking Class

An opportunity for kids and adults to spend some special one-on-one time together in the kitchen. We will make a selection of fun snacks, meals and desserts. Don't forget containers because you will be going home with lots of treats! If you have any food allergies, please notify us before class so we can make arrangements. A \$25 supply fee per pair is due to the instructor at the beginning of class.

Wednesday, May 14 5-7 p.m.
GCMS, FACS Room 221 Blaesi
\$19

Kids Memorial Day Cookout

We will make a variety of easy foods and treats that kids can make themselves and serve for Memorial Day or any picnic. Designed for children ages 5 and up. There is a supply fee of \$25 to cover the cost of ingredients. Please bring containers to bring home your food.



Wednesday, May 2 5-7 p.m.
GCMS, FACS Room 221 Blaesi
\$19

Fun Food for Kids

An opportunity for kids to experiment in the kitchen and make some fun food creations! This class is for children ages 5 and up. Adults are welcome to participate with their children. If your student is under 6, you must accompany them to class. Please notify us of any food allergies before class so we can make arrangements. A \$25 supply fee per pair is due to the instructor at the beginning of class. Please bring containers to bring home food.



Spring Edition: Monday, May 12
Animal Edition: Monday, June 16
5:30-7:30 p.m.
GCMS, FACS Room 221 Blaesi
\$19

Scones and Biscuits

Learn the difference between a scone and a biscuit and then bake some. There is a supply fee of \$25 to cover the cost of ingredients. Please bring containers to bring home your food.

Thursday, May 1 5-8 p.m.
GCMS, FACS Room 221 Blaesi
\$23



Language and Travel

Plan Your Own European Adventure

Learn how to find affordable flights and lodging and plan sightseeing and ground travel in Europe. We'll also cover logistics, like packing and foreign currency, what to do if you get sick while traveling, using your phone abroad affordably and how to skip the lines at big tourist attractions without spending more money.

Thursday, May 1 6:30-8:30 p.m.
GCHS, Room 205 Torrey \$37

Cheap Travel Strategies

Travel doesn't have to break the bank! Learn how to use Google Flights to find the cheapest airfare and how to strategically use credit card rewards and promotions to get free or discounted flights, hotels and more. Anyone can do it with a little know-how. Bring your laptop, tablet or smart phone to class.

Thursday, June 5 6:30-8:30 p.m.
GCHS, Room 205 Torrey \$37

Music and Dance

Individual Piano, Guitar or Drum Lessons

Learn to play in a one-on-one setting. Open to all ages and skill levels. You decide your goals and leave the rest to the instructor. If you are interested in using a specific workbook, bring it with you. Additional \$5-10 workbooks may be recommended to those learning to read sheet music. Due to the tight schedule, we ask that you arrive early and make sure to leave on time.

Mondays, April 21 to May 19 (six-week session)
3:30-6:30 p.m. — Choose one 30-minute time slot
GCHS, Room 703 Seiler \$149 ♦



♦ Gold Cards not accepted

Personal and Professional Development

American Red Cross

This course provides participants with the critical lifesaving skills needed to become a certified lifeguard, including CPR and first aid. To participate, students must be 15 years old by the date of the final session and pass a prerequisite swimming skills evaluation:

Prerequisite 1: Swim-tread sequence

- Swim 200 yards using front crawl or breaststroke and tread water for 2 minutes

Prerequisite 2: Timed sequence within 1 minute, 40 seconds

- Swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound brick

- Return to surface and swim 20 yards back to starting point, holding the brick
- Exit water without using a ladder

Participants must attend all five sessions. For questions, email Derek Yacono at dcyacono@gateschili.org.

Tuesdays, Wednesdays and Thursday
April 22-30 5-9 p.m.
GCHS, Pool \$204

Babysitting Training

This five-hour class prepares students 11 years and older for the responsibilities of babysitting. Taught through discussion, lecture and interactive video, participants will learn caregiving skills, including accident prevention and first aid. Each student will receive a workbook and certification card upon completion. Pizza provided.

Friday, May 30 3:15-7:30 p.m.
GCMS, Library \$62

Become a Notary Public (Online)

Whether you are looking to become a new notary public or want a refresher on notary law, this course provides all the information you need to pass the notary exam. Topics include protecting yourself from liability, as well as appointment, testing and renewal policies and procedures. You must provide a valid email address to register. The instructor will contact students with information to access the course the Friday before the start of the session.

Saturday, April 26 9 a.m. to 3:30 p.m.
Mondays, May 12 and 19 5:30-8:30 p.m.
Online \$65

Electronic Notary Training (Online)

NYS now allows for electronic notarizations, and this class will teach you what you need to know to become an electronic notary. We will go over policies, procedures and software requirements. For traditional notaries or those who have already taken our traditional notary class. You must be at least 18 to participate.

Tuesday, May 14 5:30-8:45 p.m.
Online Cavallaro \$49

Let's Save the Monarchs Together

In the wild, it's estimated that only 5-10% of monarchs survive to adulthood, and many think that number is much less. Instructor Karen Cervini, who has released over 500 monarchs, will teach you everything you need to know for all stages of metamorphosis, including how to find and collect eggs, caring for caterpillars and what happens when they form into a chrysalis, and the tagging process. Join this class as an individual or family.

Tuesday, June 17 6-8 p.m.
GCHS, Room 205 Cervini \$29 (individual)/\$39 (family)

NYS Citizen Disaster Preparedness

With severe weather becoming more frequent and extreme, it's more important than ever to be prepared. The Citizen Preparedness Corps gives New Yorkers the tools and resources to prepare for, respond to and recover from any type of disaster. The course is free to all NYS residents, but advanced registration is required.

Tuesday, May 7 6-8 p.m.
GCHS, Room 205 DeTeresa

TO REGISTER

Scan or visit our website at gateschili.org/ContinuingEd or call 585-247-5345





GATES CHILI CENTRAL SCHOOL DISTRICT

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Sports, Swimming, Health and Fitness

Aqua Zumba with Maribel

Aqua Zumba brings South American Zumba rhythm and dance steps to the pool, offering a fun but challenging water-based workout. Bring a towel and water bottle.

Thursdays, April 24 to June 12 7-7:45 p.m.
GCHS Pool Torres \$79

Zumba With Kelly

A Latin-inspired dance workout with easy-to-follow moves. Zumba is perfect for anyone who wants to have fun while they exercise. Bring energy and a water bottle.

Tuesdays, April 22 to June 10 7-7:45 p.m.
GCHS, Atrium LoTurco \$79

Fitness Center Orientation

Tuesdays at 6:30 p.m.

The Fitness Center is open to district residents only. You must complete in-person orientation before use. Preregistration with payment required.

Gentle Yoga

This mellow yoga class involves centering, breathing, meditation, warm-ups, formal poses and shavasana/relaxation. Taught by Gaie Sarley Goodness, a certified Kripalu yoga teacher. Dress in comfortable clothing and bring a yoga mat, cushion, block(s) and a strap or belt.

Mondays, May 12 to June 16 6:15-7:15 p.m.
GCHS, Library Mezzanine Goodness \$69

Mixed Level Yoga

Yoga works! This class will help you achieve your fitness goals with strength, endurance, flexibility and rest. We'll cover foundational level one and two yoga poses, breathing techniques and meditation. Mixed level yoga offers options to vary the level of intensity of each pose. Bring a mat. Yoga blankets, blocks and straps are recommended but not required.

Tuesdays, April 22 to June 10 6:15-7:30 p.m.
GCHS, Library Mezzanine Scotto \$99

Myths and Misconceptions About Hypnosis



Hypnosis can help with weight loss, quitting smoking, balancing emotions, improving sleep, reducing pain and more, and it's so easy you can do it with your eyes closed! Led by a certified hypnotist, this interactive class will explore hypnosis as a tool for change and includes a mini-hypnosis group session followed by Q&A.

Monday, May 12 6-8 p.m.
GCHS, Room 200 Knapp \$39

Pickleball for Beginners



Perfect for all ages, pickleball combines elements of tennis and ping pong for a fun, social and active game. We will cover rules for singles and doubles, including serving and scoring, and essential equipment. Wear comfortable clothing and bring water and your paddle and balls (equipment available if needed).

Tuesdays, May 6-27 6-7:30 p.m.
Tuesdays, June 3-24 6-7:30 p.m.
GCMS, Tennis Courts Hay \$59